

Other Services

Wyndham House, 26 Douglas Street www.wyndhamhouse.org 519-822-4400

Long term residential programs available. Call for details.

Youth Emergency Shelter, 18 Norwich Street East 519-837-3892

Short term emergency housing for youth aged 16-24 in a housing crisis. Daily ▶ Opens at 4:00 p.m.

Youth Resource Centre, 133 Woolwich Street 519-822-2768

Directed drop in centre for youth. Monday to Friday ▶ 9:00 a.m. to 4:30 p.m.

County of Wellington Social Services

<http://www.wellington.ca/en/socialservices/socialservices.asp>

Ontario Works (OW) Income Services, 129 Wyndham Street N 1-800-265-7294

Monday to Friday ▶ 8:30 a.m. to 4:30 p.m. 519-837-2670

Employment Resource Centre (ERC), 138 Wyndham Street N 519-823-7887

Ontario Disability Support Program (ODSP), 1 Stone Rd. 1-800-567-2953

Monday to Friday ▶ 8:30 a.m. to 5:00 p.m. 519-822-7500

Ontario Ministry of Community and Social Services www.mcsc.gov.on.ca

HERE 24/7, 80 Waterloo Street www.here247.ca 1-844-437-3247

(Open 24 hours, 7 days a week) 1-844-HERE247

Call anytime to access addiction, mental health and crisis services in Guelph, Waterloo, Wellington and Dufferin counties.

Guelph-Wellington Legal Clinic, #5, 176 Wyndham Street N 1-800-628-9205

(Inside the Guelph Community Health Centre) 519-821-2100

Free legal advice to low income residents. www.gwlegalclinic.ca

Monday to Friday (Closed 12:00 p.m. to 1:00 p.m.) ▶ 8:30 a.m. to 4:30 p.m.

Programs, times, and days are subject to change without notice. Please check wall calendars, or call the centres, to find out if there are any changes. This pamphlet is published and maintained by CORE, Guelph, who participate in providing and supporting the services listed here.

Churches' OutREach, Guelph CORE Emergency Assistance

Meals, Food, Clothing and Other Help

Revised July 2019

The Life Centre, 50 Quebec Street www.rcclc.ca 519-837-3777

➤ Daily meals Monday to Thursday ▶ 7:00 p.m. to 9:30 p.m.

Other programs available, check the website or postings at 50 Quebec St. Friday ▶ 10:00 a.m. to 1:00 p.m.

Saturday ▶ 6:00 p.m. to 7:15 p.m.

Welcome In Drop In Centre, 23 Gordon Street 519-837-0080

Open 7 days a week Daily ▶ 8:00 a.m. to 2:00 p.m.

➤ Early lunch Daily ▶ 11:00 a.m.

➤ Early supper Daily ▶ 2:00 p.m.

➤ Coffee and snacks (Nominal charge if able to pay.) Daily ▶ All day.

➤ Other Services Monday to Friday ▶ 9:00 a.m. to Noon

Emergency Shelter for individuals and families, rent & utility assistance, other financial assistance on an individual basis. Support workers available Monday to Friday.

Note: - Check wall calendar for daily schedules

➤ Housing application assistance Wednesday ▶ 9:00 a.m. to 11:00 a.m.

➤ Guelph CHC nurse practitioner Monday & Friday ▶ 9:00 a.m. to 10:30 a.m.

Thursday ▶ 11:00 a.m. to 12:30 p.m.

➤ Sanguen Thursday ▶ 9:30 a.m. to 11:00 a.m.

Chalmers Community Services. www.chalmerscentre.ca 519-822-8778

2 locations below. Offering personal support and referral services as needed.

Chalmers Downtown, 41 Macdonell Street

Food, clothing, household items, diapers in various sizes, mending, other help - no cost to those in need.

➤ Café Monday, Tuesday, Friday morning • 10am to 12 pm

(Offering coffee & conversation)

➤ Food Pantry Wednesday ▶ 7 pm to 8 pm

Friday ▶ 10 am to 12 pm

Chalmers West, 577 Willow Road Café: Thursday 9 am to 12 pm

Food, clothing, household items, diapers in various sizes - no cost to those in need.

➤ Food Pantry Thursday ▶ 10:00 a.m. to 12 pm

